



# Woman of Colour in Leadership *Retreat*

**We invite you to join us on the  
10-12 Oct 2025**

**at**

**New Hall Hotel & Spa, Birmingham  
for another memorable retreat experience!**



# Take time for yourself...

A weekend to rest, reflect & thrive in leadership.



Step away from the daily demands of work and immerse yourself in a supportive space, connect with like-minded Women of Colour in a space designed exclusively for **YOU**, with you in mind.

This retreat is more than just a break—it's a space to **pause, reflect, and reconnect** with yourself in the company of **like-minded women** who truly understand your journey.

# What is Included

What's on offer	Self-care activities	Optional Workshops
2 nights stay in luxury room	Yoga & restorative spaces	Building sustainable habits for growth
All meals inclusive	Meditation	Leading with love, resilience & authenticity
Afternoon tea on Sunday	Optional spa treatments	Actioning habits that enhance sustainable growth
Access to spa facilities	Meaningful time with like minded woman	Fireside conversations

*This is more than a weekend away...*

**This is your chance to:**

- ✓ Step away from the pressure and craft space for reflection that strengthens your focus.
- ✓ Heal, replenish and restore your resilience through self-care and shared wisdom.
- ✓ Adapt tools for sustainable habits that promotes fulfilment and wellbeing.
- ✓ Create lasting connections that will support your growth beyond the retreat.







Immerse yourself in a serene, beautiful surroundings – the perfect setting for reflection, renewal and inner peace.

Let the STILLNESS inspire you to reconnect with yourself in a truly restorative space.





# *Self Development*

## **Engage in Empowering Workshops**

Our carefully curated workshops will guide you toward a more sustainable, fulfilling approach to leadership.

These sessions are designed to empower and leave with practical tools for igniting a renewed confidence, and a clear vision to balance your goals.






# *Self-Care*

## **Relax, Reflect & Rejuvenate**

Enjoy guided holistic exercises to restore your mind and body, unwind in luxurious spa facilities, and take in the serene surroundings with peaceful walks.

With plenty of free time, this retreat is your chance to pause, reflect and truly recharge.







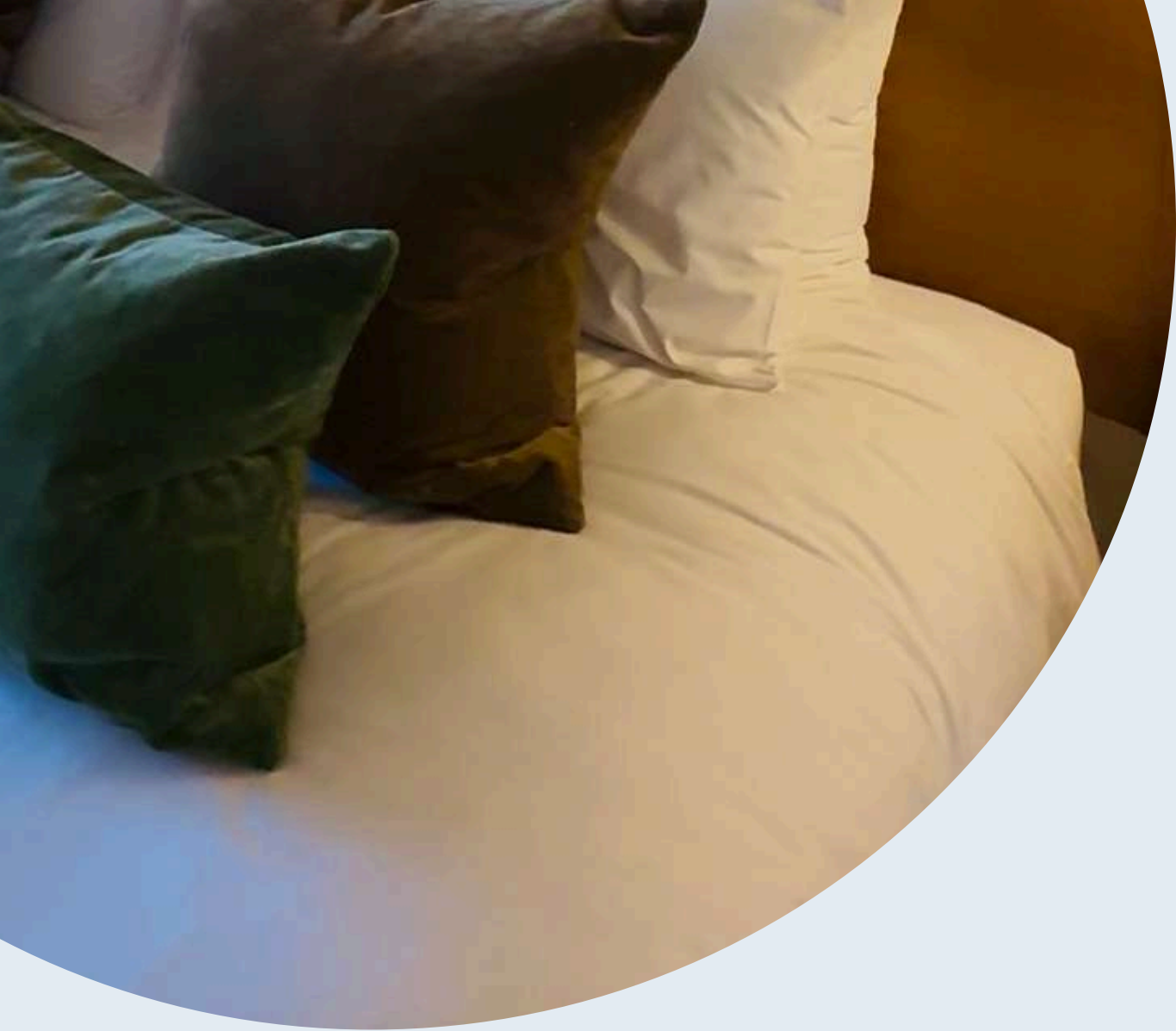
# *Sisterhood*

## **Connect & Thrive**

Join a supportive community of like-minded women, where authentic connections, inspiring stories, and shared experiences create a true sense of sisterhood.

Through meaningful conversations, laughter, and joy, you'll build lasting relationships that continue to uplift and empower you beyond the retreat!





Enjoy the comfort of your own private haven or share a spacious twin room with another like-minded, inspiring woman.

Single Occupancy	Double Occupancy
<p>Pay <u>£250 now</u> to secure your place, and £600 by 1st July 2025.</p> <p><b>Only 2 places left at this rate!</b></p>	<p>Pay <u>£100 now</u> to secure your place, and £600 by 1st July 2025.</p> <p><b>Only 2 places left at this rate!</b></p>

10 places already sold before realise!  
Only 4 places left on this retreat, reserve now!



*We look forward  
to seeing you!*

We can't wait to welcome you  
to another fabulous...

**Women of Colour in  
Leadership Retreat!**

*Much love  
Dorinda & Agatha  
xx*







# MASTERING awareness

At **Mastering Awareness**, we are dedicated to **empowering women and leaders of diverse teams** at every stage of their leadership journey. Our mission is to create **nurturing spaces** where you can **grow, heal and thrive** - both **professionally and personally**.

You can also explore more about **Mastering Awareness coaching, courses, and events** at <https://masteringawareness.co.uk/>.